FOOD SUPPLEMENTS: THEIR EFFECT ON THE BODY

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	ALLERGY	ANTI-AGING	ANTI-INFLAMATORY	ANTIOXIDANT	ANEMIA	ARRHYTHMIA	ARTERIOSCLEROSIS	ARTHRITIS	AUTOIMMUNE DISEASE	BLOOD PRESSURE	BLOOD VESSELS	BONES	BRAIN	CALCIUM DEPOSITS	CANCER	CARPAL TUNNEL SYN	CATARACTS	CHEMOTHERAPY, RADIATIO	CHELATOR	CHOLESTEROL	CIRCULATION	CYSTIC MASTITIS	DEPRESSION	DIABETES	EYE PROBLEMS	GALLSTONES	HEADACHE	HEART PROBLEMS	HOMOCYSTENIA	IMMUNITY	JOINTS	KIDNEY PROBLEMS	MACULAR DEGENERATION	MEMORY	MULTIPLE SCLEROSIS	OSTEOPOROSIS	PARKINSON'S DISEASE	PROSTATE	SKIN PROBLEMS	STRESS	STROKE
BORON		x						x				x	x		x																				x					
CALCIUM		x					x			x		x			x				x	x										x				x		x				
CHROMIUM		x					x			x										x				x																
COPPER		x	x			x		x		x	x	x			x		x	x		x				x	x						x	x						x		
IODINE							x								x					x		x												x							
IRON					x																									x				x							
MAGNESIUM		x				x	x	x		x		x		x	x				x	x				x		x		x				x		x		x				
MANGANESE	x			x											x		x	x						x	x									x	x	x				
MOLYBDENUM		x		x	x				x						x			x																						
PHOSPHOROUS						x		x				x																x				x				x				
POTASSIUM	x	x								x			x								x													x				x	x	
SELENIUM		x	x	x				x		x					x		x	x	x									x				x							
SILICON		x					x				x																						x		x				
SULFUR								x			x																											x		
VANADIUM							x			x										x				x									x						
ZINC		x		x				x					x		x		x	x						x	x				x			x			x		x		
VIT A		x		x											x			x	x										x								x		
BETA+ALPHA CAROTENE A10		x		x											x		x	x											x			x				x		
VIT B-1		x																	x															x					
VIT B-2		x											x												x		x										x		
VIT B-3 NIACIN		x					x	x		x					x					x													x				x		x
VIT B-3 NIACINAMIDE								x					x							x				x															
VIT B-5	x			x									x					x									x			x							x		
VIT B-6	x				x		x	x			x	x	x	x		x								x		x		x	x	x		x				x			
VIT B-12		x			x								x																x				x						
VIT C	x	x	x	x			x	x		x	x		x				x	x	x	x	x				x					x							x	x	x
VIT D												x																							x					
VIT E		x	x	x				x							x		x	x	x	x	x	x		x	x					x			x				x		x
VIT K												x									x															x				
VIT P BIOFLAVONOIDS			x	x							x							x																					
FOLIC ACID		x													x		x											x	x				x		x				
ACETYLCYSTEINE																																x	x							
ARGININE		x						x																					x											
L-CARNITINE		x											x							x				x																
CHOLINE							x						x						x														x							
COENZYME Q-10		x		x		x				x					x			x						x				x		x										
L-CYSTEINE				x														x	x																					
DMAE		x											x																					x						
ECHINACEA		x																											x										
EVENING PRIMROSE OIL		x						x	x	x										x														x					
GARLIC							x			x										x				x			x		x											
GINKGO BILOBA																							x				x							x					x	
GLUCOSAMINE																														x										
GLUTATHIONE		x	x	x													x	x	x										x										
INOSITOL							x						x						x	x				x															x	
LYCOPENE		x		x											x			x										x									x			
LYSINE		x					x												x		x																			
OMEGA-3 FATTY ACID		x						x	x	x					x					x															x		x			
MELATONIN		x													x								x						x										
ST. JOHNS WORT																							x																	
TAURINE										x																	x		x			x								
TYROSINE																							x														x			